

# Incorporating PGx into Population PK Modeling

Session #2: Working with a PK modeler to incorporate PGx into a model

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# Background

- Doctor of Pharmacy, University of Missouri-Kansas City
- UNC-Duke Collaborative Clinical Pharmacology Training Program
- Pharmacokinetics/Pharmacodynamics Research Scientist, Metrum Research Group
- Adjunct Assistant Professor, Pharmacotherapy and Experimental Therapeutics, Eshelman School of Pharmacy, University of North Carolina at Chapel Hill

# Disclosures

The views and opinions expressed in this presentation are my own and do not necessarily reflect those of my employer or affiliated institutions.

# Why am I here?

- To promote synergy between pharmacogenomic (PGx) experts and pharmacometric (PMx) scientists

# Objectives

- Introduce fundamental concepts in population pharmacokinetic (PK) modeling
- Demonstrate how modeling and simulation can support clinical PGx evidence generation
- Stimulate discussion around ideas, challenges, and opportunities for integrating modeling and simulation into PGx research

# Metrumazole

# UpToDate

- Theoretical antifungal agent dosed twice daily
- Primarily metabolized by Cytochrome P450 (CYP) enzyme system
- METRO study (**M**etrumazol**E** Trial for **R**esponse **O**utcomes)
  - Poor metabolizer (PM) phenotype associated with increased efficacy
  - Rapid metabolizer (RM) phenotype associated with decreased efficacy

# Clinical Question 1

How does metrumazole PK differ between patients with poor, normal, and rapid metabolizer phenotypes?



# Clinical Question 2

How did steady state exposure metrics (e.g.,  $C_{max}$ ,  $C_{min}$ ,  $C_{avg}$ ) compare between patients with poor, normal, and rapid metabolizer phenotypes in the METRO study?

# Clinical Question 3

What fraction of the rapid metabolizer patient population would experience subtherapeutic trough concentrations under a dosing strategy that does not adjust for PGx phenotype?

# METRO PK Data

Rich PK sampling for Cohort 1; sparse PK sampling for Cohort 2

| Dose (mg)       | Number |      |     | Group percent |     | Overall percent |     |
|-----------------|--------|------|-----|---------------|-----|-----------------|-----|
|                 | SUBJ   | OBS  | BLQ | OBS           | BLQ | OBS             | BLQ |
| <b>Cohort-1</b> |        |      |     |               |     |                 |     |
| 50              | 50     | 795  | 0   | 100.0         | 0.0 | 50.6            | 0.0 |
| <b>Cohort-2</b> |        |      |     |               |     |                 |     |
| 10              | 46     | 179  | 0   | 23.1          | 0.0 | 11.4            | 0.0 |
| 25              | 52     | 203  | 0   | 26.2          | 0.0 | 12.9            | 0.0 |
| 50              | 51     | 197  | 0   | 25.4          | 0.0 | 12.5            | 0.0 |
| 100             | 51     | 197  | 0   | 25.4          | 0.0 | 12.5            | 0.0 |
| <b>All data</b> | 250    | 1571 | 0   | —             | —   | 100.0           | 0.0 |

SUBJ: subjects

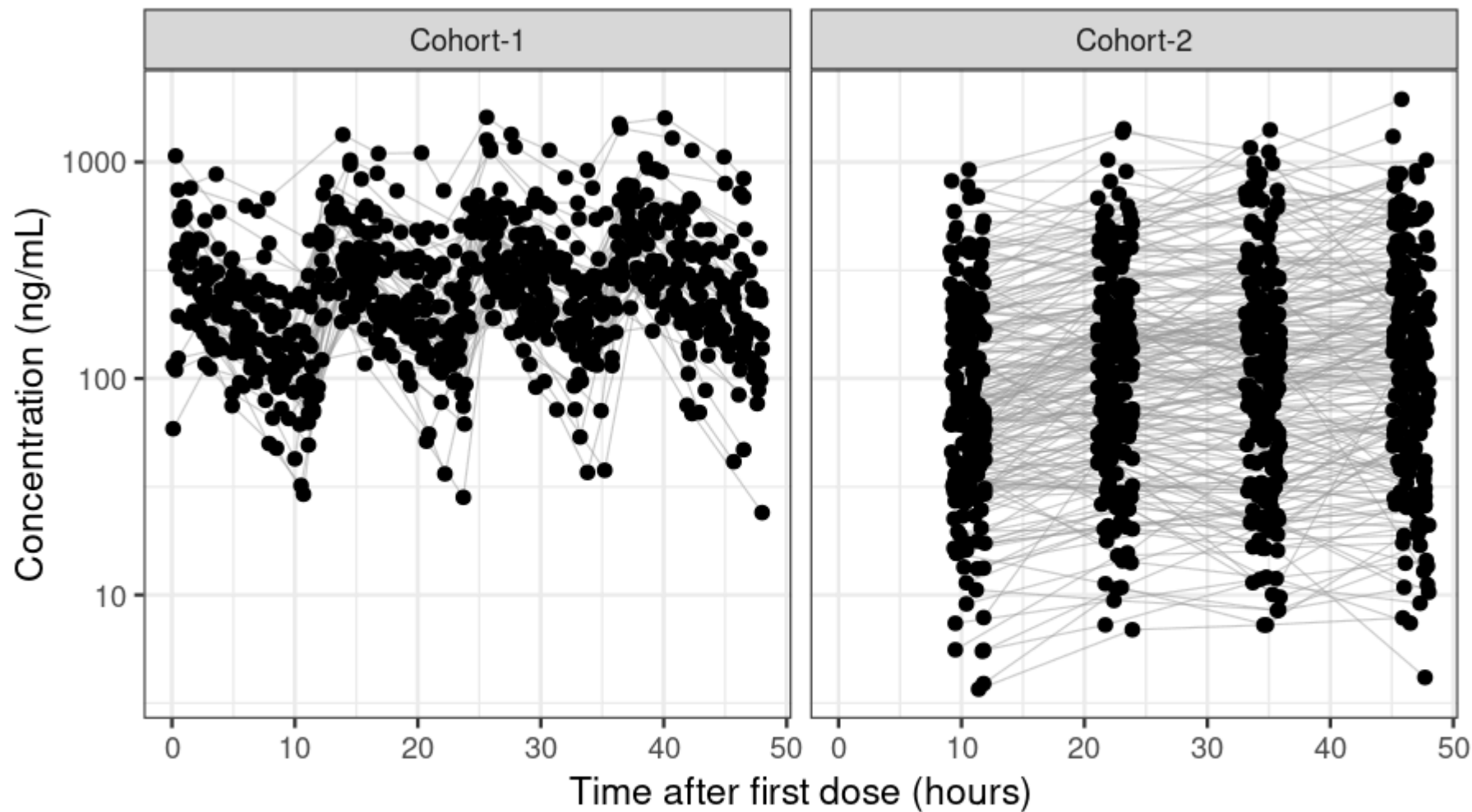
BLQ: below limit of quantification

OBS: observations

Source code: pk-eda-tables.R

Source file: pk-data-sum-dose-cohort.tex

# PK by METRO Cohort

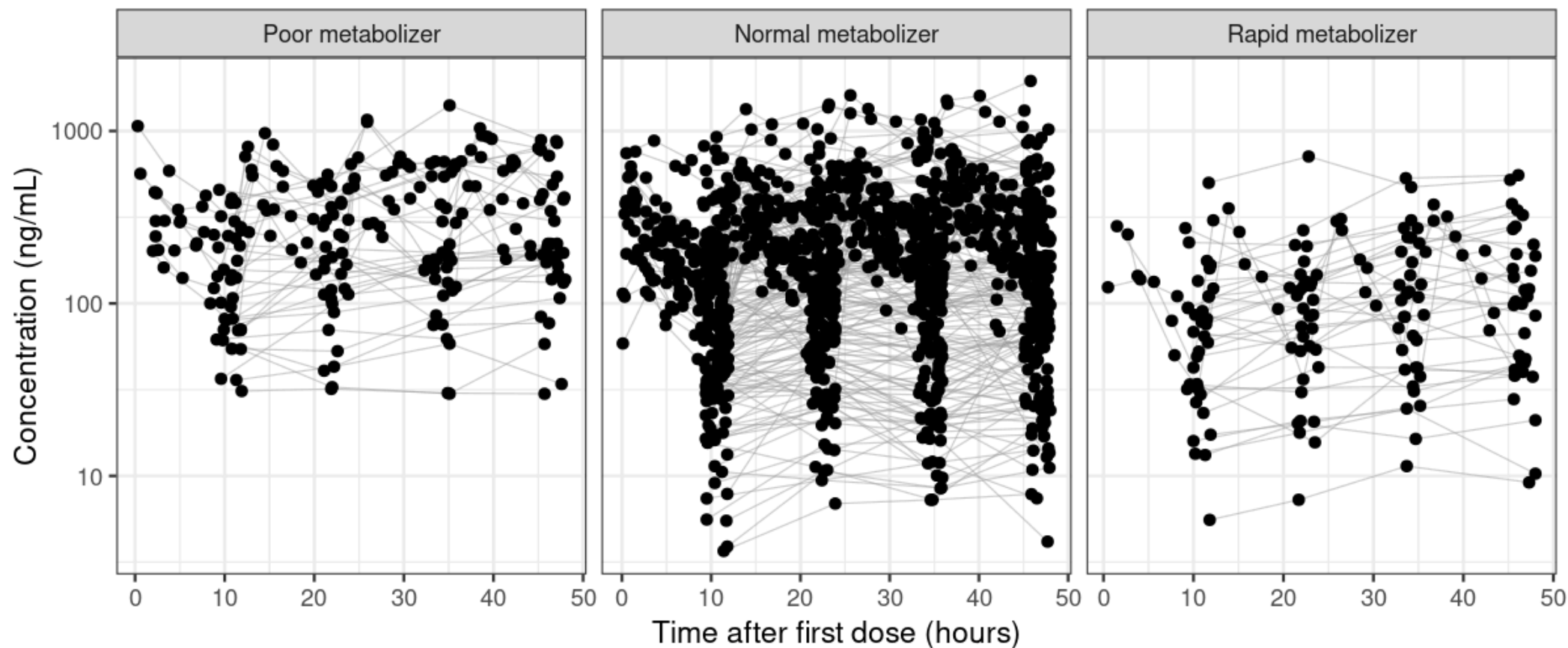


Source code: pk-eda-figures.R

Source graphic: deliv/figure/poppk/eda/pk-tafd-cohort-log10-yscale.png

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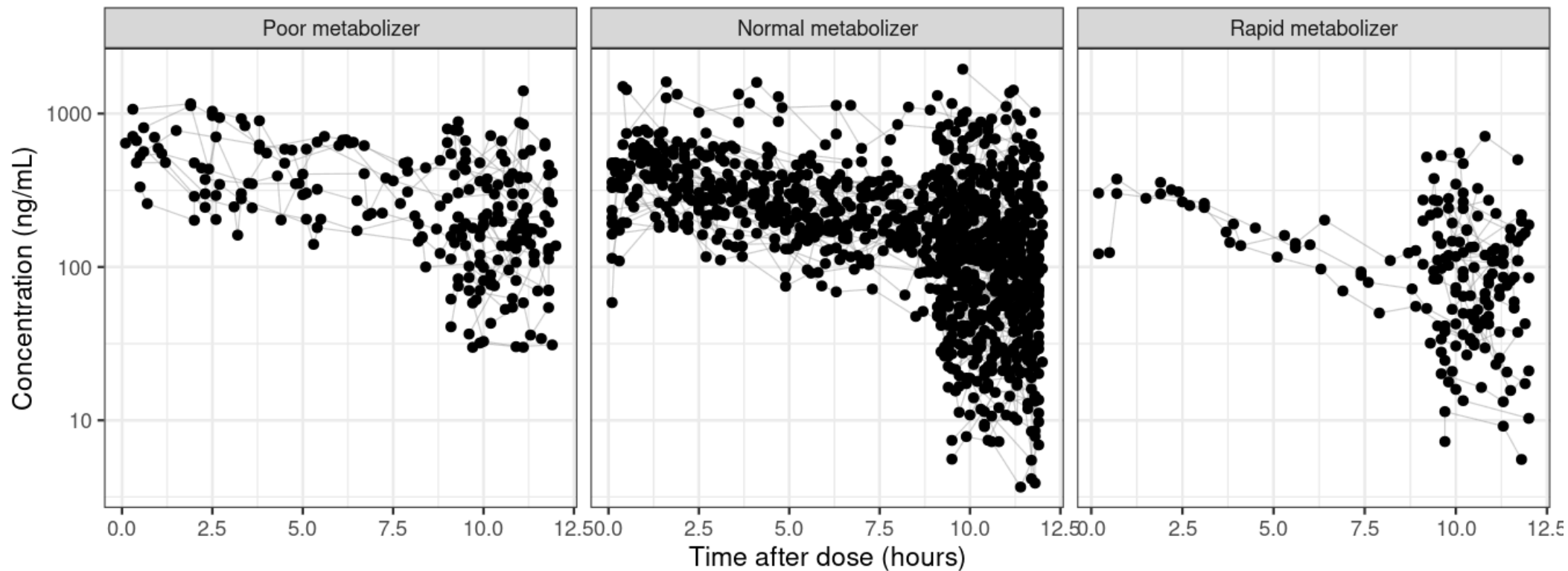
# PK-PGx Relationship



Source code: pk-eda-figures.R

Source graphic: deliv/figure/poppk/eda/pk-tafd-cyp-log10-yscale.png

# PK-PGx Relationship



Source code: pk-eda-figures.R

Source graphic: deliv/figure/popk/eda/pk-tad-cyp-log10-yscale.png

# Stop and Think

Which (if any) of the three clinical questions can be answered with this PK-PGx data?

# Why include PGx in a Population PK model?



# To model, or not to model?

- Handle rich, sparse, and unbalanced PK data
- Account for differences in dosing history, PK sampling times, and/or PK sampling strategies between individuals
- Improve power to detect covariate effects (e.g., PGx metabolizer phenotypes on clearance)
- Adjust for confounding factors (e.g., body weight on volume of distribution)
- To simulate!

# Mixed Effects Models

- **Fixed Effects:** Parameters that quantify population-level average effects or expected behavior across the population
  - Commonly referred to as  $\theta$ s (THETAs)
  - Example: “The typical clearance for individuals with a normal metabolizer phenotype is 10 L/hr”
- **Random Effects:** Describe variability across individuals and observations
  - Interindividual variability (IIV)
  - Residual unexplained variability (RUV)

# Two Levels of Random Effects

- **Interindividual variability (IIV):** The magnitude of variability in PK parameters between individuals within a population
  - Example: “Between-patient variability in metrumazole clearance, after accounting for body weight and CYP metabolizer phenotype, is approximately 30%”
- **Residual unexplained variability (RUV):** Within-patient variability that is not explained by fixed effects (structural parameters and covariate effects) or IIV random effects
  - Commonly thought of as assay or observation error, but can be much more

# Mixed Effects Models

Individual PK parameters are a function of fixed effects and a random sample from the random effects distribution

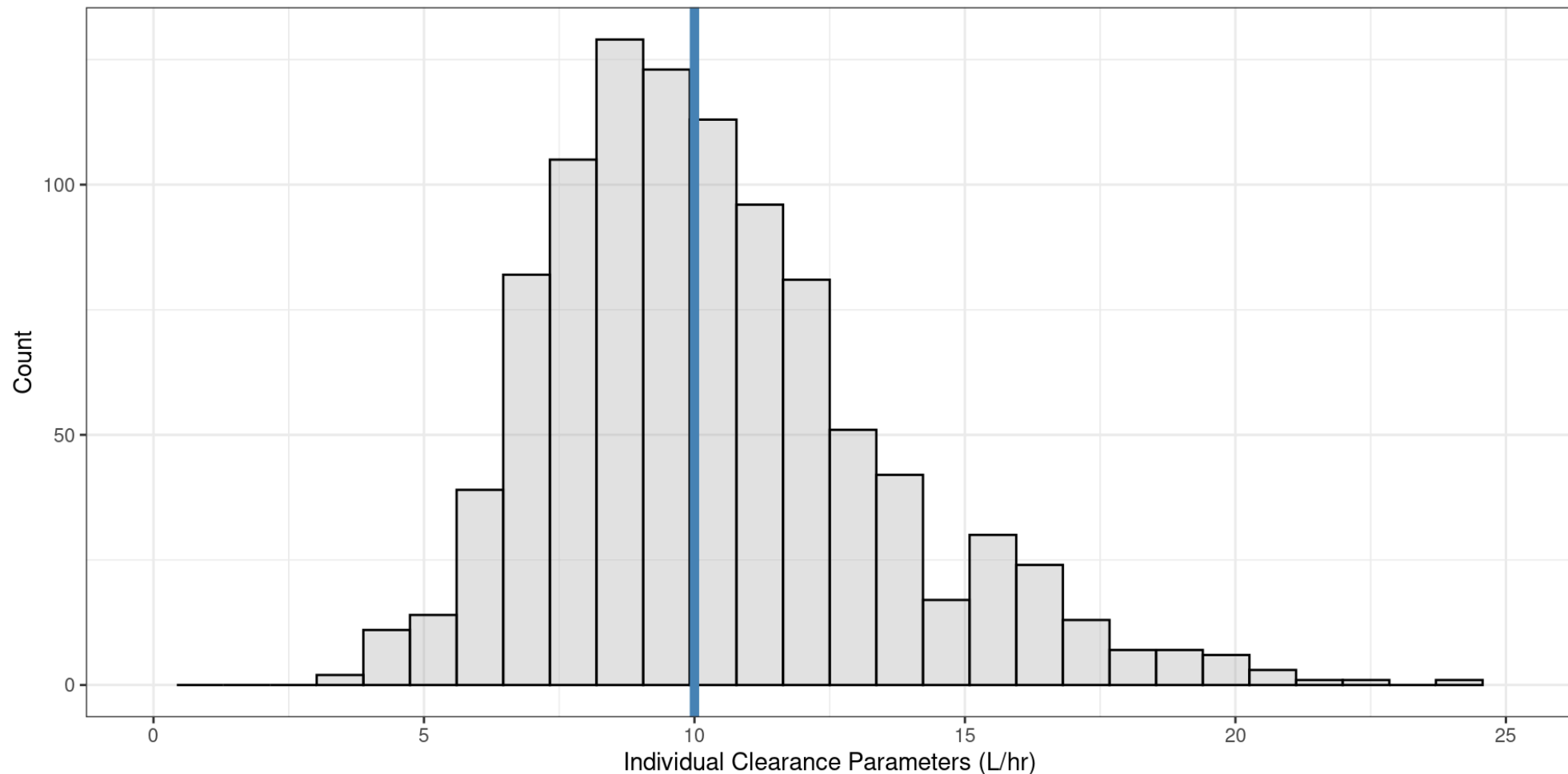
$$\text{TVCL} = \theta_1 \cdot \frac{\text{TBW}^{\theta_2}}{70} \cdot \theta_3^{\text{CYP}_{\text{PM}}}$$

$$\text{CL}_i = \text{TVCL} \cdot \exp(\eta_{\text{CL}})$$

$$\eta_{\text{CL}} \sim \text{N}(0, \omega^2)$$

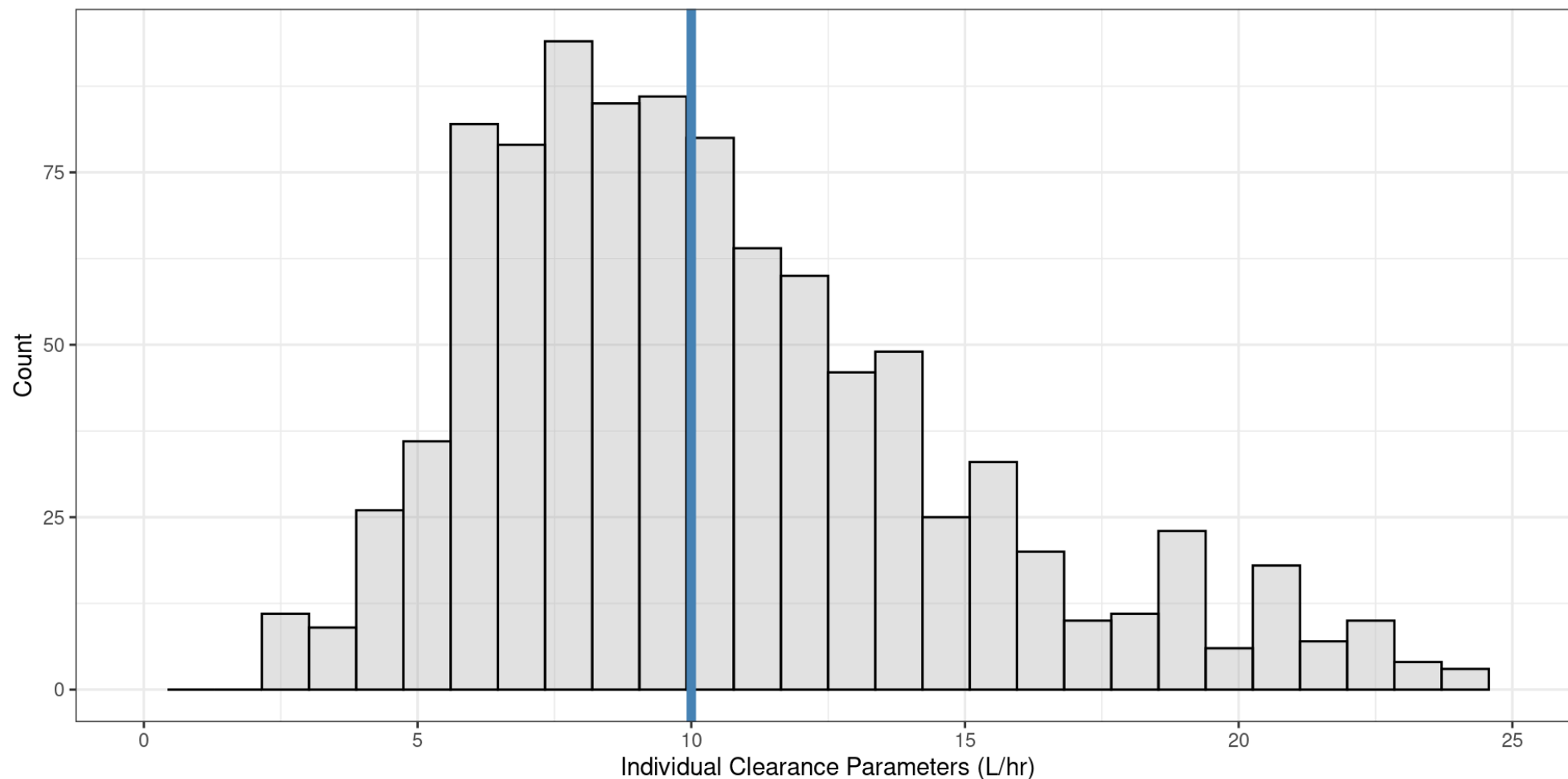
# IIV Example

TVCL = 10 L/hr;  $\omega^2 = 0.09$ ; CV% ~ 30%



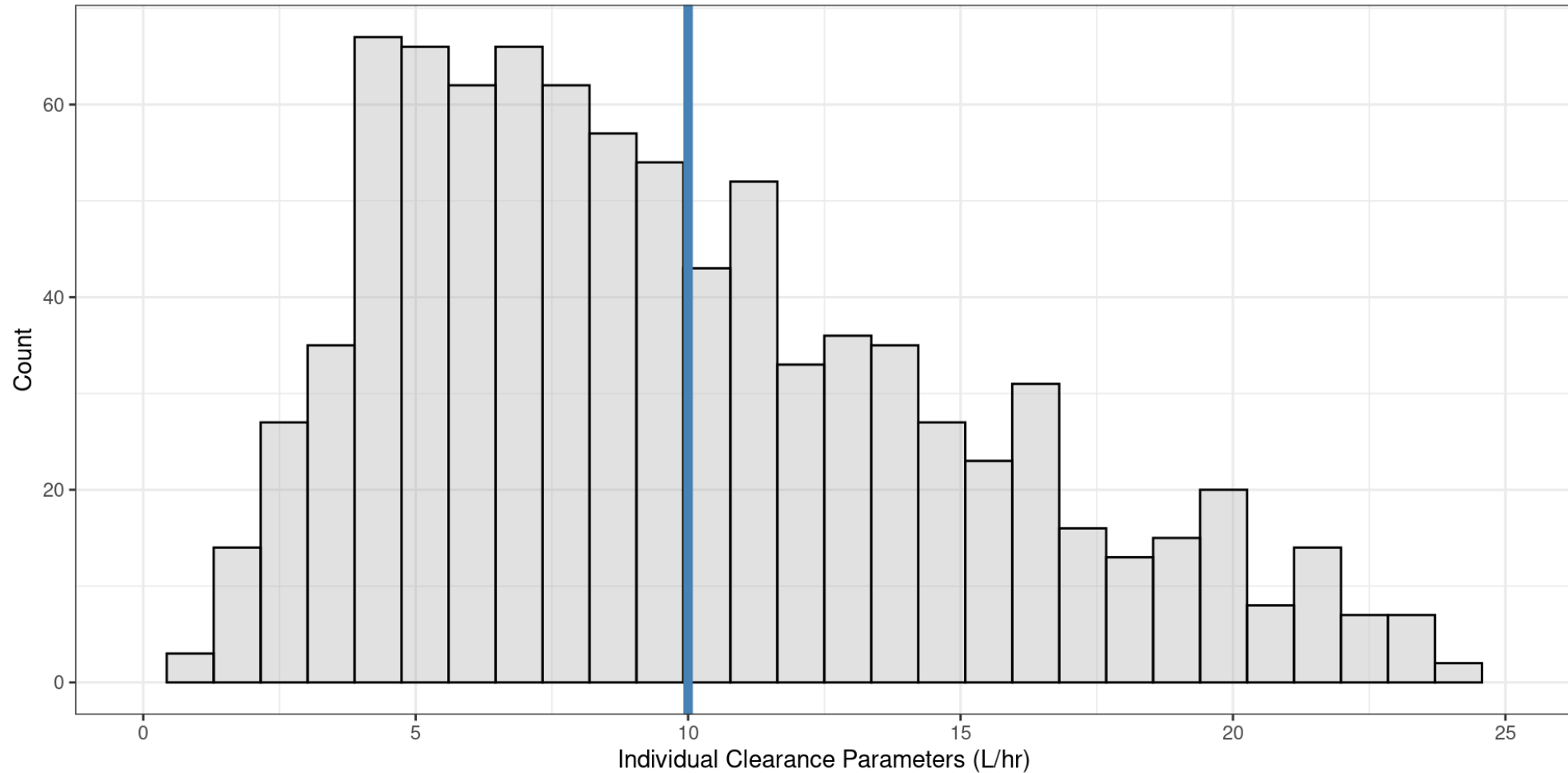
# IIV Example

TVCL = 10 L/hr;  $\omega^2 = 0.2$ ; CV% ~ 50%



# IIV Example

TVCL = 10 L/hr;  $\omega^2 = 0.50$ ; CV% ~ 80%



# PK Model Predictions

Population predicted concentrations for 10 individuals with a CYP normal metabolizer phenotype receiving metrumazole 100 mg PO

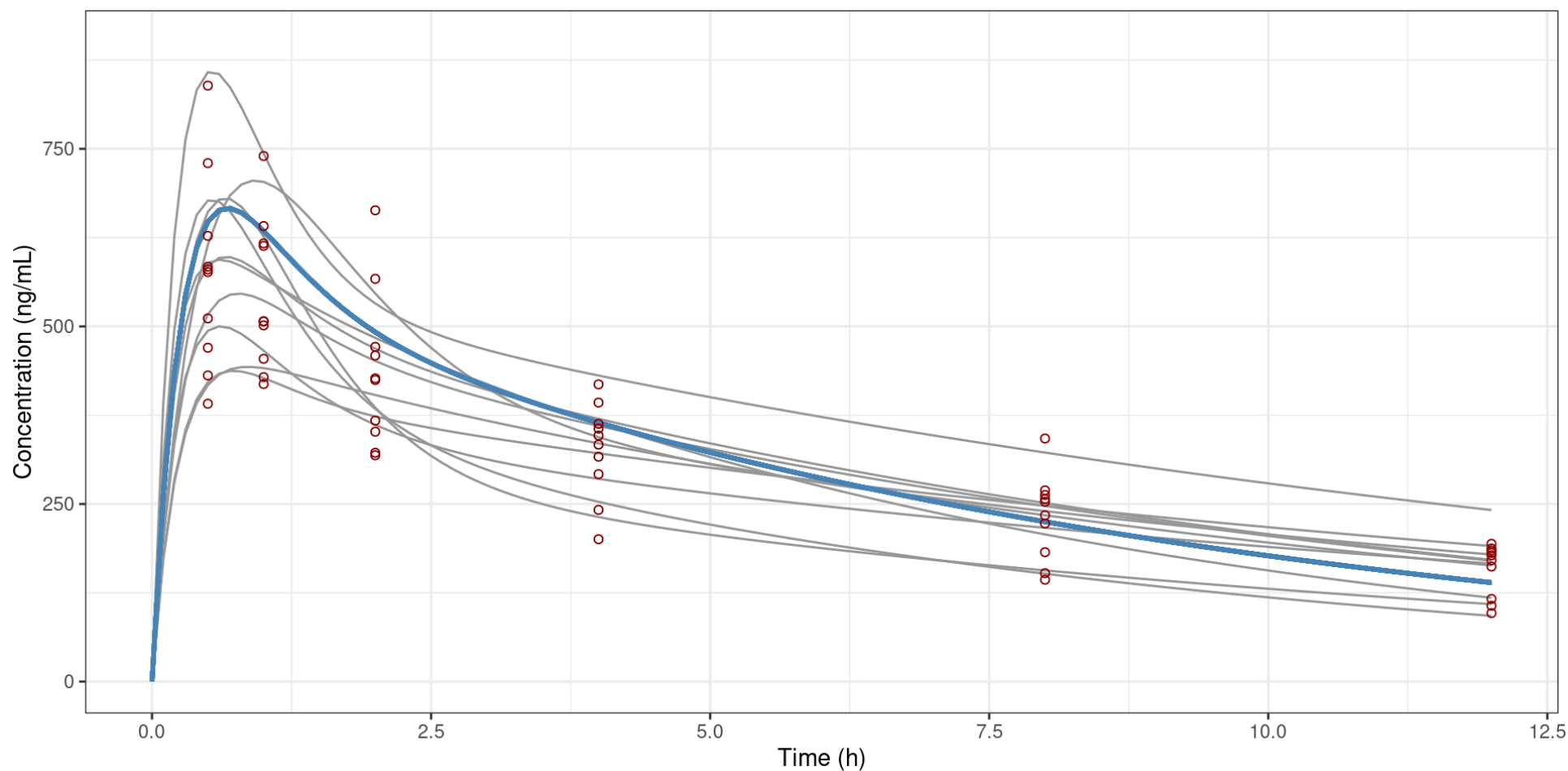


# PK Model Predictions

Individual predicted concentrations for 10 individuals with a CYP normal metabolizer phenotype receiving metrumazole 100 mg PO

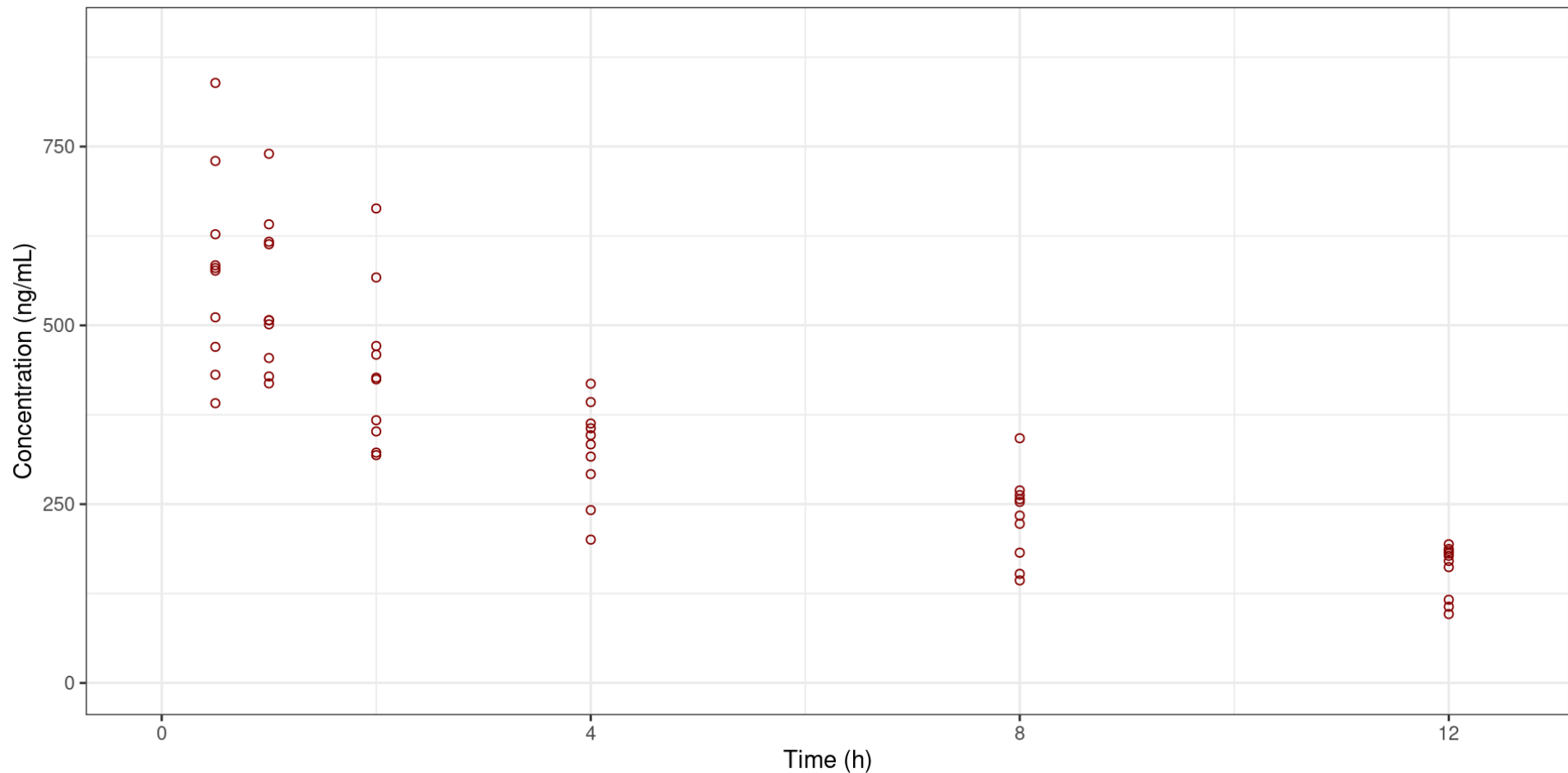
# PK Model Predictions

Plausible concentration measurements (PK samples) from these individuals



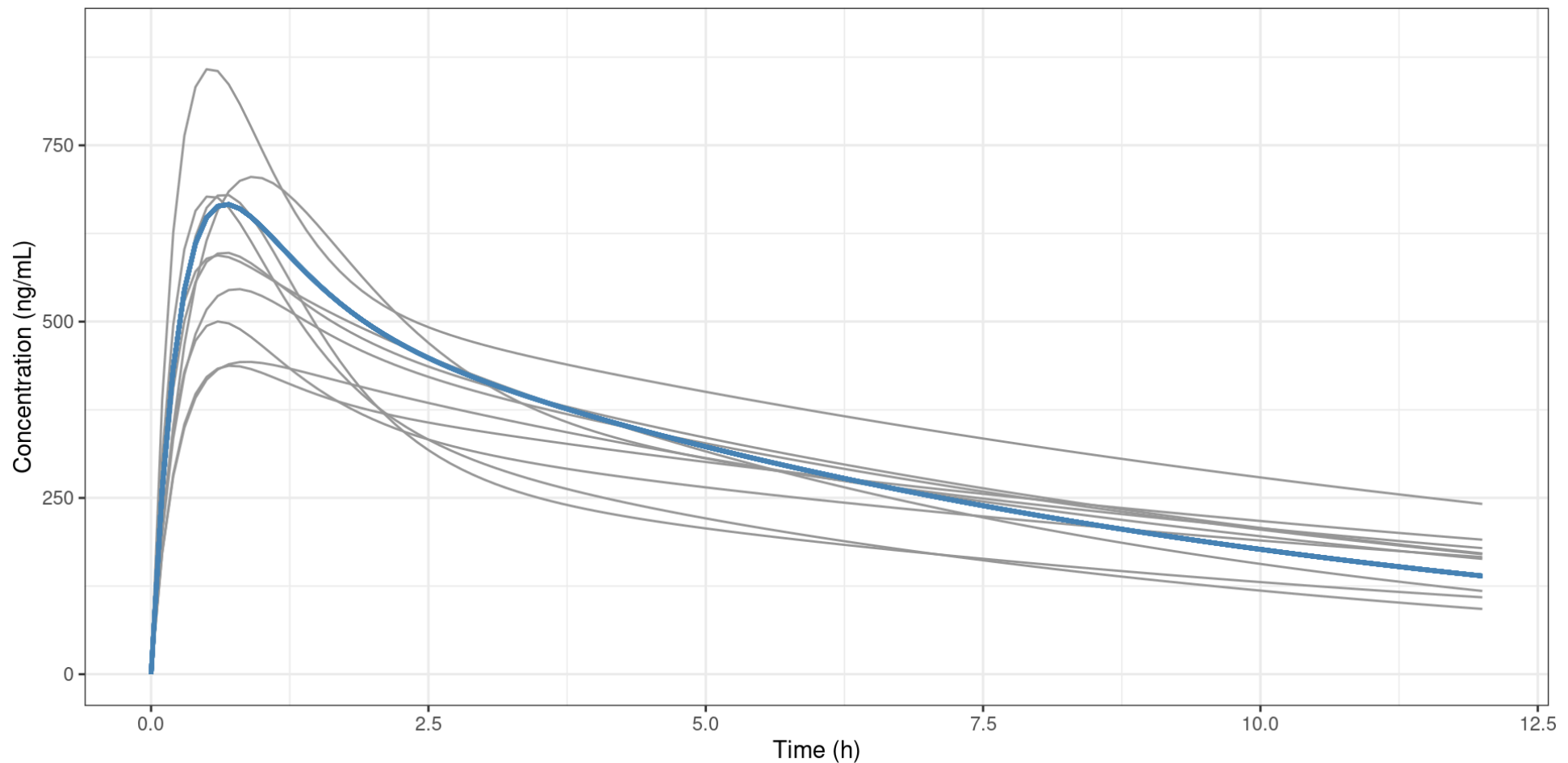
# PK Model Predictions

Plausible concentration measurements (PK samples) from these individuals



# PK Model Predictions

Population PK model helps us go from observations to population and individual predictions



# Parameterizing PGx Effects

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## Additive Effects

$$TVCL = \theta_1 + \theta_2 \cdot CYP_{RM}$$

## Proportional Effects

$$TVCL = \theta_1 \cdot (1 + \theta_2 \cdot CYP_{RM})$$

$$TVCL = \theta_1 \cdot \theta_2^{CYP_{RM}}$$

$$\log(TVCL) = \theta_1 + \theta_2 \cdot CYP_{RM}$$

# Parameterizing PGx Effects

## Nonlinear Elimination

$$TVCL/V = \frac{V_{\max} \cdot C}{K_m + C}$$

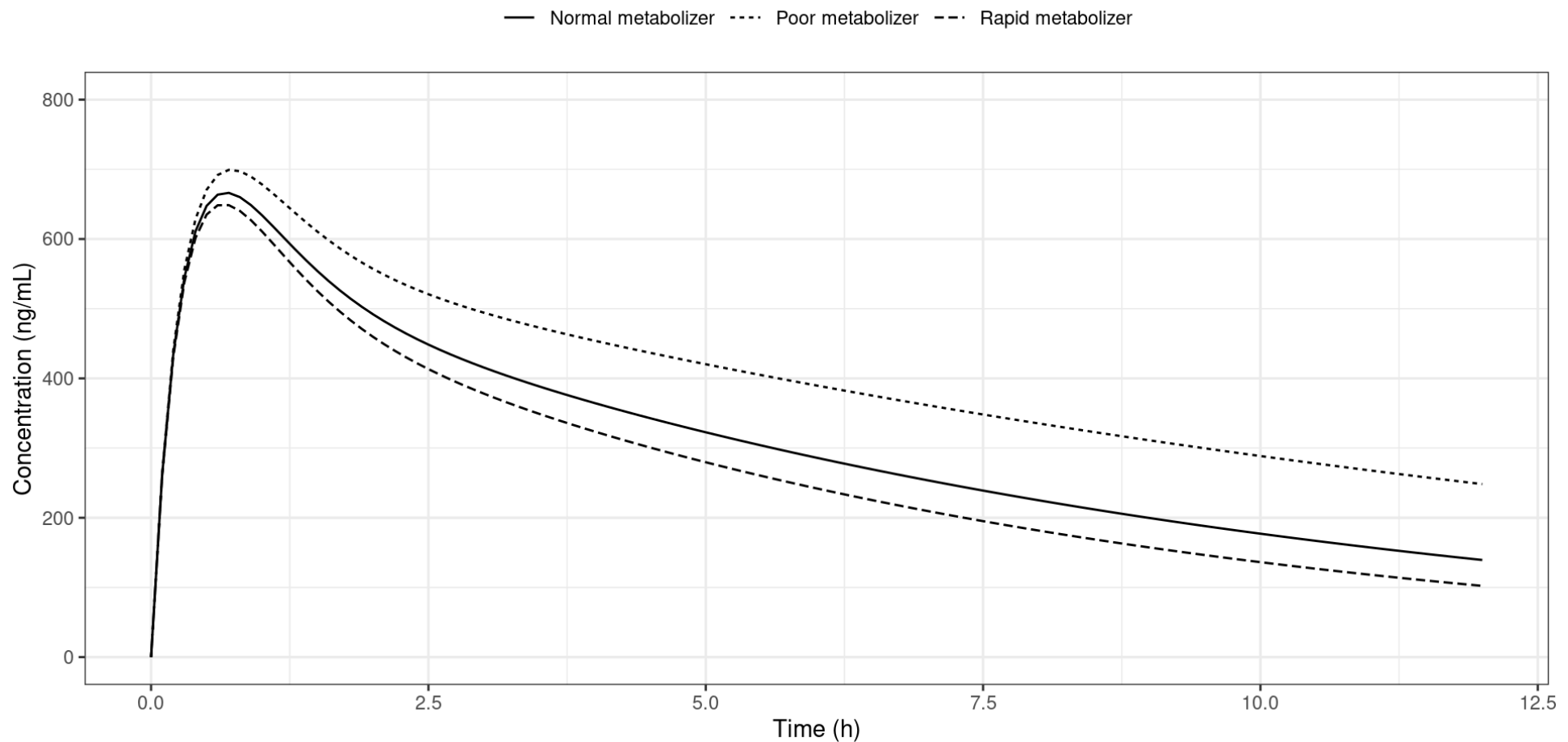
$$V_{\max} = \theta_1 + \theta_2 \cdot CYP_{RM}$$

## Activity Score (AS)

$$TVCL = \theta_1 + \frac{AS^{\theta_3}}{AS^{\theta_3} + \theta_2^{\theta_3}}$$

# Parameterizing PGx Effects

Covariate effects describe the differences in typical values of PK parameters (e.g., TVCL for PM, NM, RM)





# Parameterizing PGx Effects

- The PK modeler should rely on the PGx expert for appropriate integration of the PGx data into the PK model
- The most appropriate implementation will likely be guided by the available data, weight of existing evidence, and questions intended to be answered with the model

# Metrumazole Population PK Model

# Fixed Effects Estimates

|                                    |                  |  | Estimate | 95% CI         |
|------------------------------------|------------------|--|----------|----------------|
| <b>Structural model parameters</b> |                  |  |          |                |
| CL/F (L/hr)                        | $\exp(\theta_1)$ | Apparent clearance                         | 18.7     | 17.3, 20.2     |
| V2/F (L)                           | $\exp(\theta_2)$ | Apparent central volume of distribution    | 29.5     | 17.7, 49.2     |
| Q/F (L/hr)                         | $\exp(\theta_3)$ | Apparent intercompartmental clearance      | 84.7     | 67.5, 106      |
| V3/F (L)                           | $\exp(\theta_4)$ | Apparent peripheral volume of distribution | 110      | 93.6, 129      |
| KA ( $\text{hr}^{-1}$ )            | $\exp(\theta_5)$ | First-order absorption rate                | 1.30     | 0.827, 2.04    |
| D1 (hr)                            | $\exp(\theta_6)$ | Duration of zero-order absorption          | 0.0234   | 0.0119, 0.0462 |

Parameters estimated in the log-domain were back-transformed for clarity.

Parameter estimates are presented relative to a reference subject.

CI = estimate  $\pm$  1.96 \* SE

Abbreviations: CI: confidence interval; SE: standard error

Source code: pk-param-table.R

Source file: pk-param-struct.tex

# Covariate Effect Estimates

|                                    |                     |  | Estimate | 95% CI       |
|------------------------------------|---------------------|--|----------|--------------|
| <b>Covariate effect parameters</b> |                     |  |          |              |
| CL/F~eGFR                          | $\theta_9$          | eGFR effect on apparent clearance                        | 0.269    | 0.209, 0.329 |
| CL/F~Sex                           | $\exp(\theta_{10})$ | Male sex effect on apparent clearance                    | 0.973    | 0.894, 1.06  |
| CL/F~Age                           | $\theta_{11}$       | Age effect on apparent clearance                         | 0.257    | 0.132, 0.383 |
| CL/F~PM                            | $\exp(\theta_{12})$ | Poor metabolizer phenotype effect on apparent clearance  | 0.687    | 0.610, 0.774 |
| CL/F~RM                            | $\exp(\theta_{13})$ | Rapid metabolizer phenotype effect on apparent clearance | 1.31     | 1.16, 1.47   |
| V2/F~Sex                           | $\exp(\theta_{14})$ | Male sex effect on apparent volume of distribution       | 1.80     | 1.34, 2.42   |

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Source code: pk-param-table.R

Source file: pk-param-cov-effect.tex

# Random Effect Estimates

|  |                  | Estimate             | 95% CI          | Shrinkage (%) |
|--|------------------|----------------------|-----------------|---------------|
| <b>Interindividual variance parameters</b>   |                  |                      |                 |               |
| IIV-CL/F                                     | $\Omega_{(1,1)}$ | 0.0897 [CV%=30.6]    | 0.0691, 0.110   | 7.59          |
| IIV-V2/F                                     | $\Omega_{(2,2)}$ | 0.0816 [CV%=29.2]    | -0.0169, 0.180  | 70.2          |
| IIV-Q/F                                      | $\Omega_{(3,3)}$ | 0.175 [CV%=43.7]     | 0.00772, 0.342  | 65.1          |
| IIV-V3/F                                     | $\Omega_{(4,4)}$ | 0.0682 [CV%=26.6]    | 0.0339, 0.102   | 53.6          |
| IIV-KA                                       | $\Omega_{(5,5)}$ | 0.0282 [CV%=16.9]    | -0.0554, 0.112  | 79.6          |
| IIV-D1                                       | $\Omega_{(6,6)}$ | 0.180 [CV%=44.5]     | -0.161, 0.522   | 94.9          |
| <b>Interindividual covariance parameters</b> |                  |                      |                 |               |
| CL/F-V2/F                                    | $\Omega_{(2,1)}$ | 0.00893 [Corr=0.104] | -0.0414, 0.0593 | -             |
| <b>Residual variance</b>                     |                  |                      |                 |               |
| Proportional                                 | $\Sigma_{(1,1)}$ | 0.0102 [CV%=10.1]    | 0.00901, 0.0113 | 9.84          |
| Proportional                                 | $\Sigma_{(2,2)}$ | 0.0944 [CV%=30.7]    | 0.0828, 0.106   | 13.8          |

Abbreviations: CI: confidence interval; SE: standard error

CI = estimate  $\pm$  1.96 \* SE

CV% of log-normal omegas =  $\sqrt{\exp(\text{estimate}) - 1} * 100$

CV% of sigma =  $\sqrt{\text{estimate}} * 100$

Source code: pk-param-table.R

Source file: pk-param-random.tex

# CYP Estimates

|  |                     |  | Estimate          | 95% CI          |
|--|---------------------|--|-------------------|-----------------|
| <b>Structural model parameters</b>         |                     |  |                   |                 |
| CL/F (L/hr)                                | $\exp(\theta_1)$    | Apparent clearance                                       | 18.7              | 17.3, 20.2      |
| <b>Covariate effect parameters</b>         |                     |  |                   |                 |
| CL/F~PM                                    | $\exp(\theta_{12})$ | Poor metabolizer phenotype effect on apparent clearance  | 0.687             | 0.610, 0.774    |
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| <b>Interindividual variance parameters</b> |                     |  |                   |                 |
| IIV-CL/F                                   | $\Omega_{(1,1)}$    | Variance of CL/F   | 0.0897 [CV%=30.6] | 0.0691, 0.110   |
| <b>Residual variance</b>                   |                     |  |                   |                 |
| Proportional                               | $\Sigma_{(1,1)}$    | Variance   | 0.0102 [CV%=10.1] | 0.00901, 0.0113 |

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Source code: pk-param-table.R

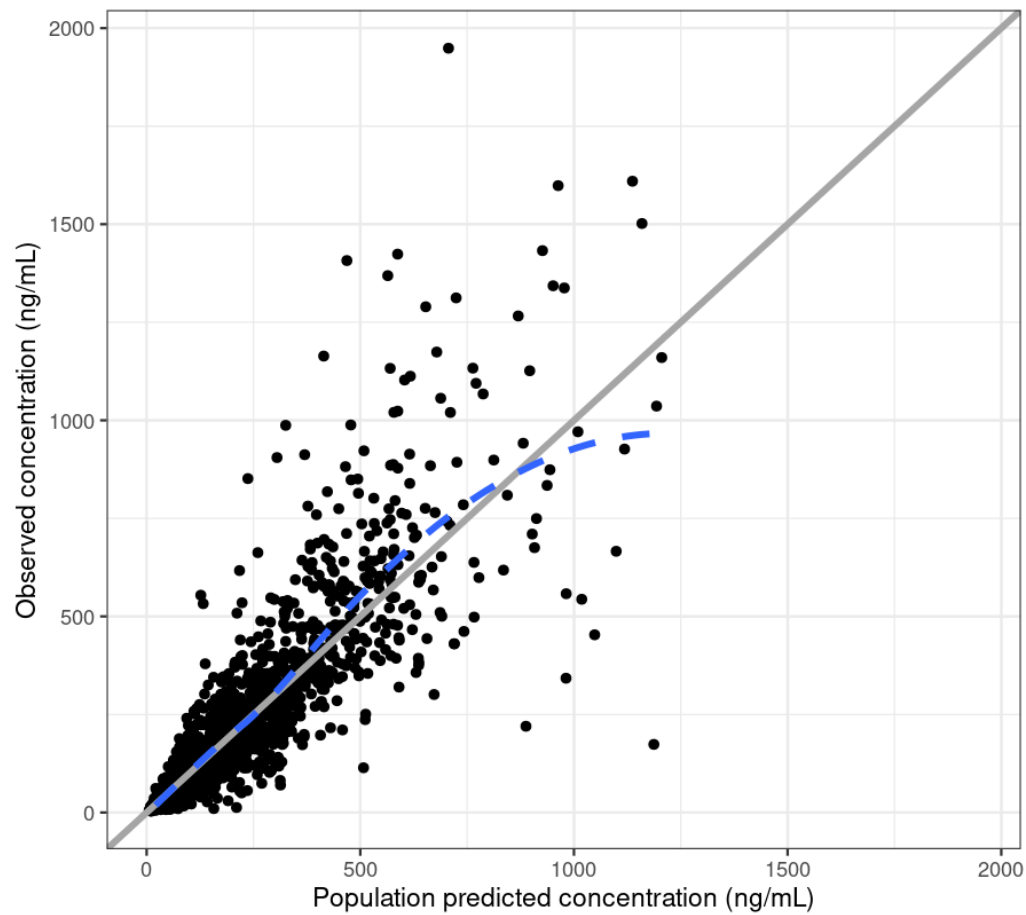
Source file: pk-param-cyp.tex

# Model Evaluation

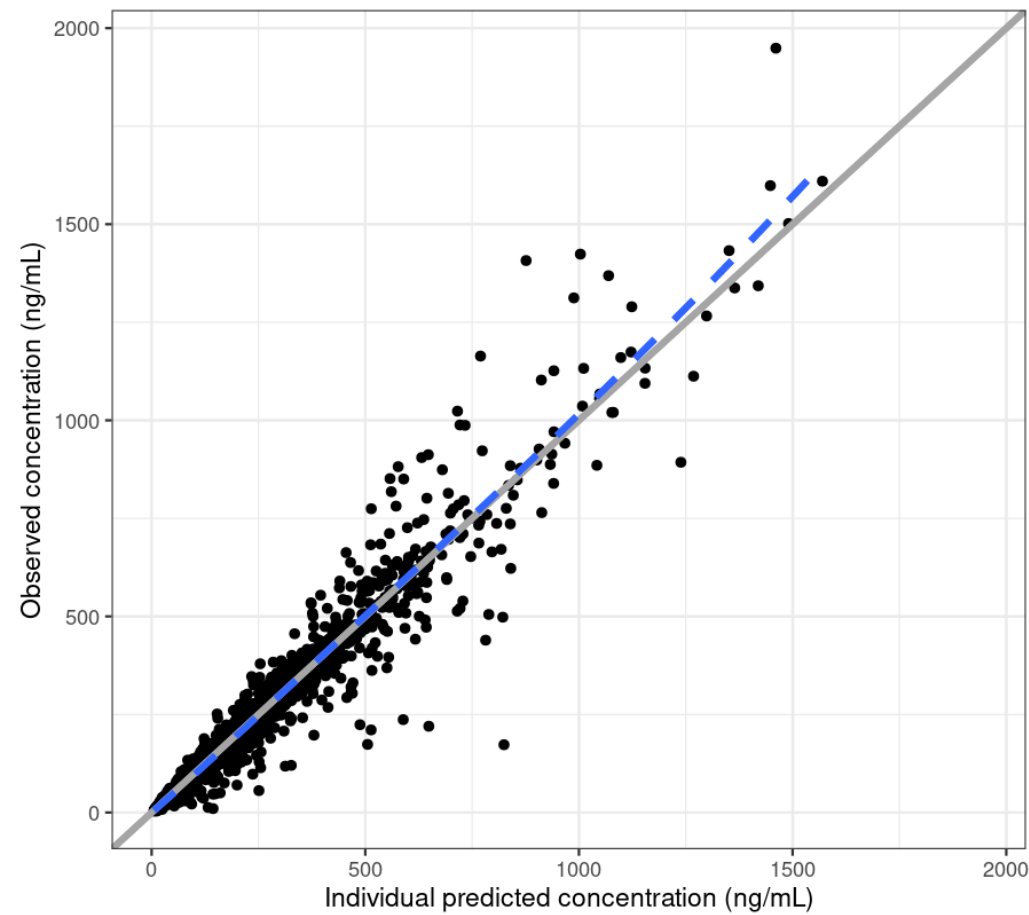
# DV vs PRED and IPRED

Observations (DV) versus population (PRED) and individual predicted (IPRED) concentrations



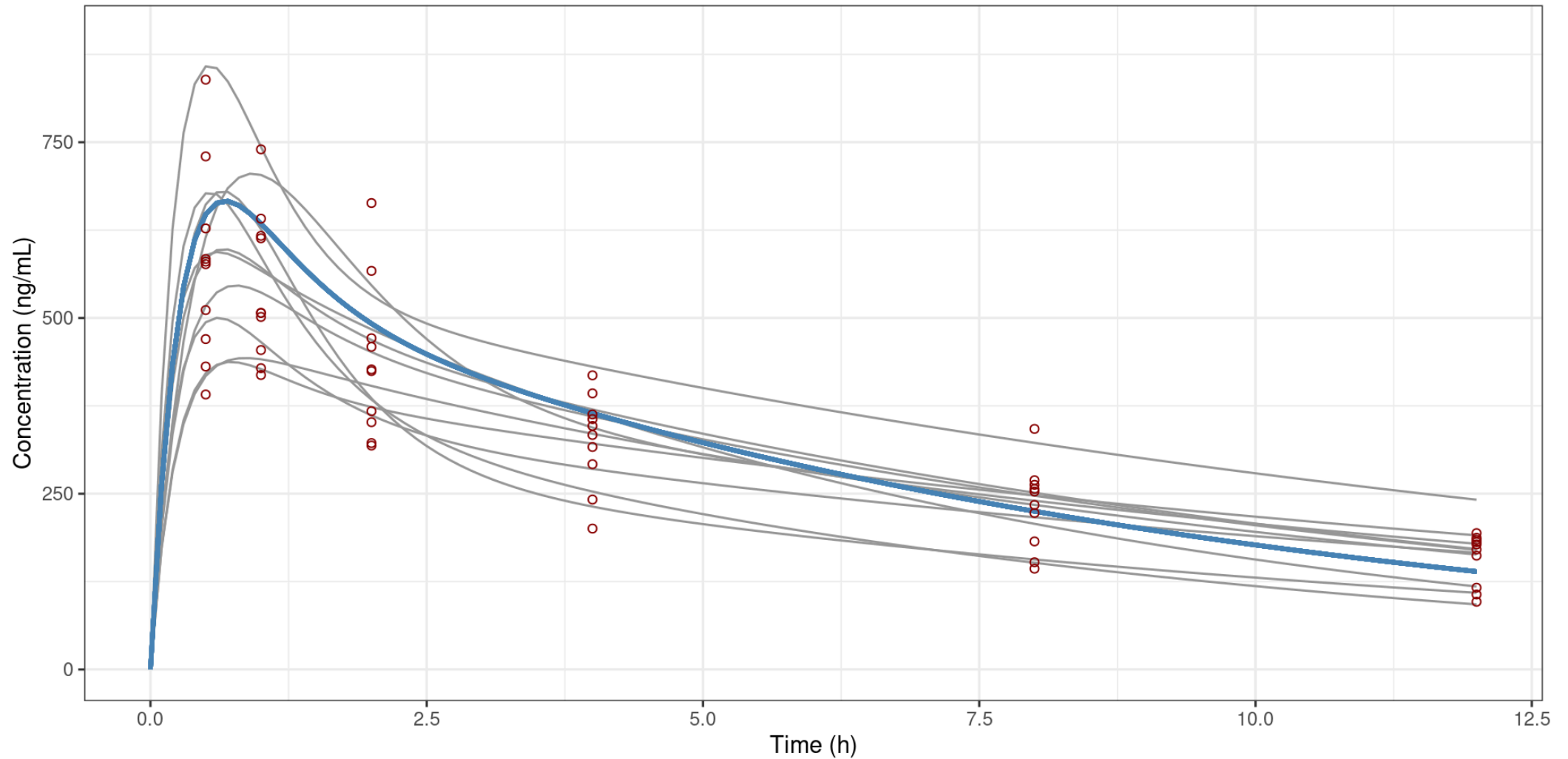


Source code: diagnostics-poppk.Rmd  
Source graphic: deliv/figure/poppk/diagnostics/100/100-dv-pred.png



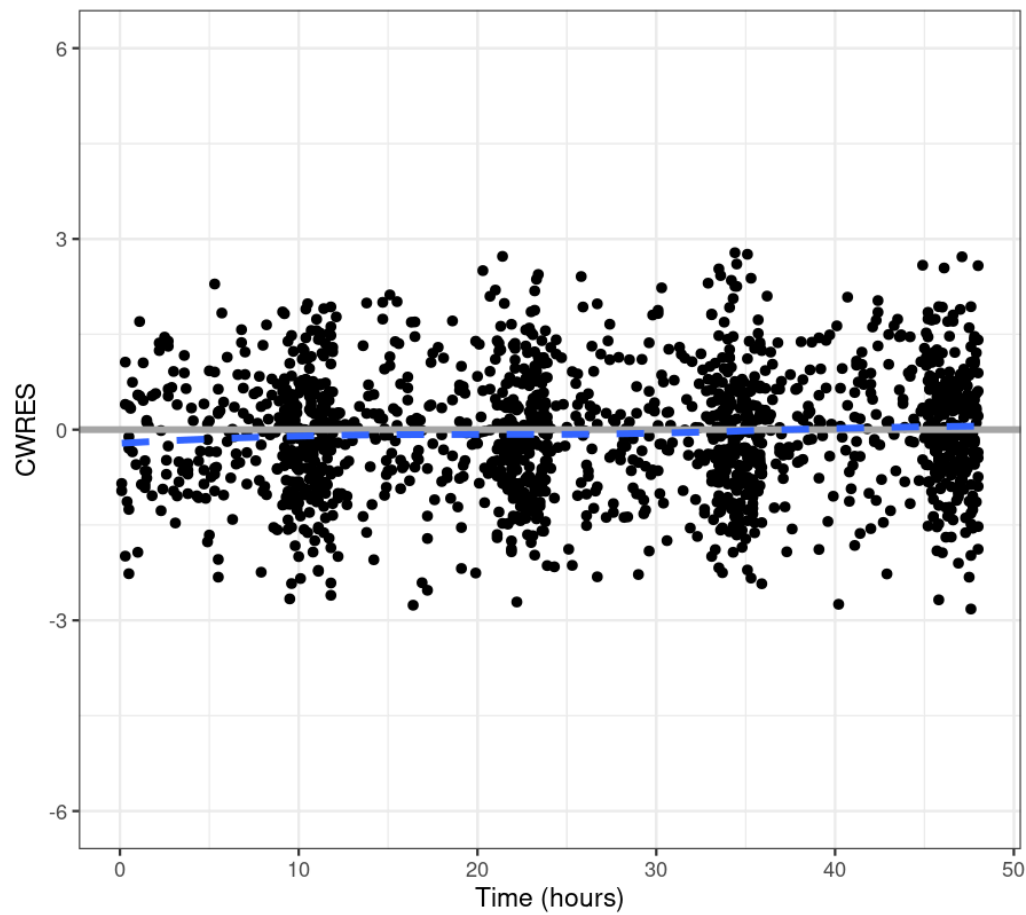
Source code: diagnostics-poppk.Rmd  
Source graphic: deliv/figure/poppk/diagnostics/100/100-dv-ipred.png

# DV versus PRED and IPRED

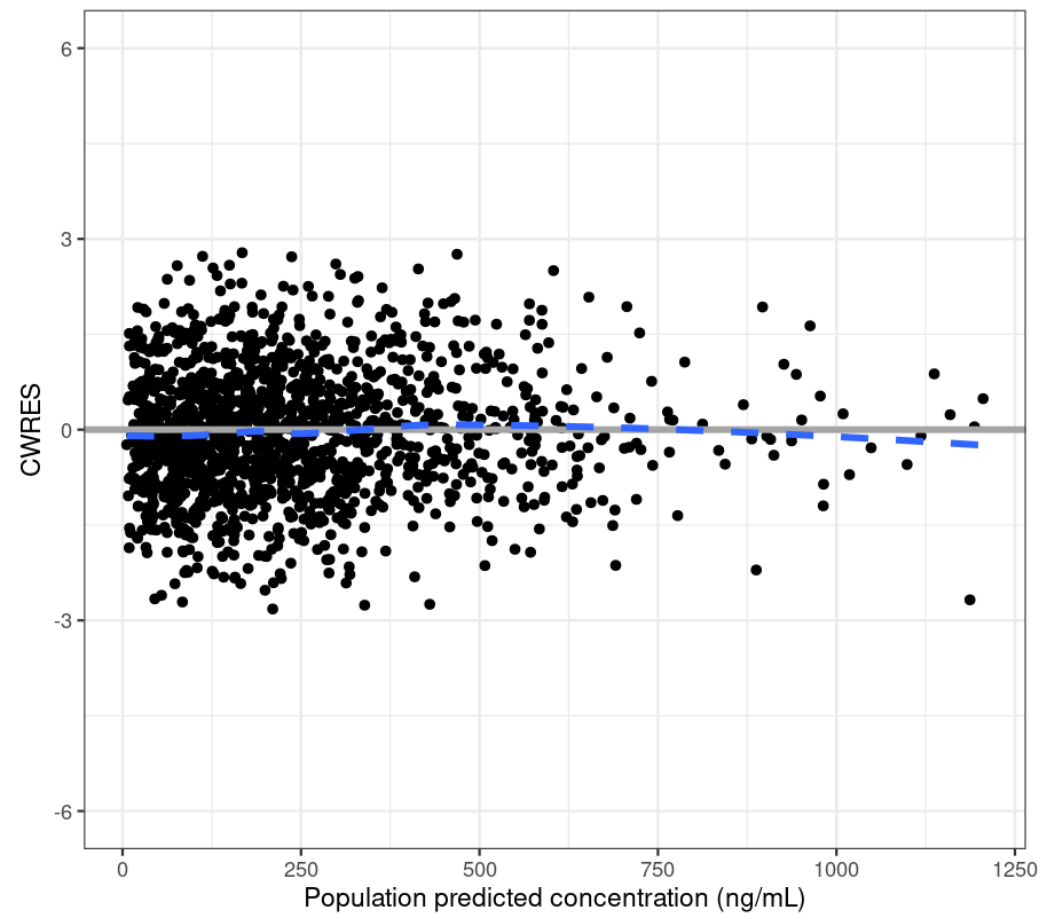


# CWRES vs TIME and PRED

Conditional weighted residuals (CWRES) versus time and population predicted concentration (PRED)



Source code: diagnostics-popk.Rmd  
Source graphic: deliv/figure/popk/diagnostics/100/100-cwres-pred-time-tad-i002.png



Source code: diagnostics-popk.Rmd  
Source graphic: deliv/figure/popk/diagnostics/100/100-cwres-pred-time-tad-i001.png

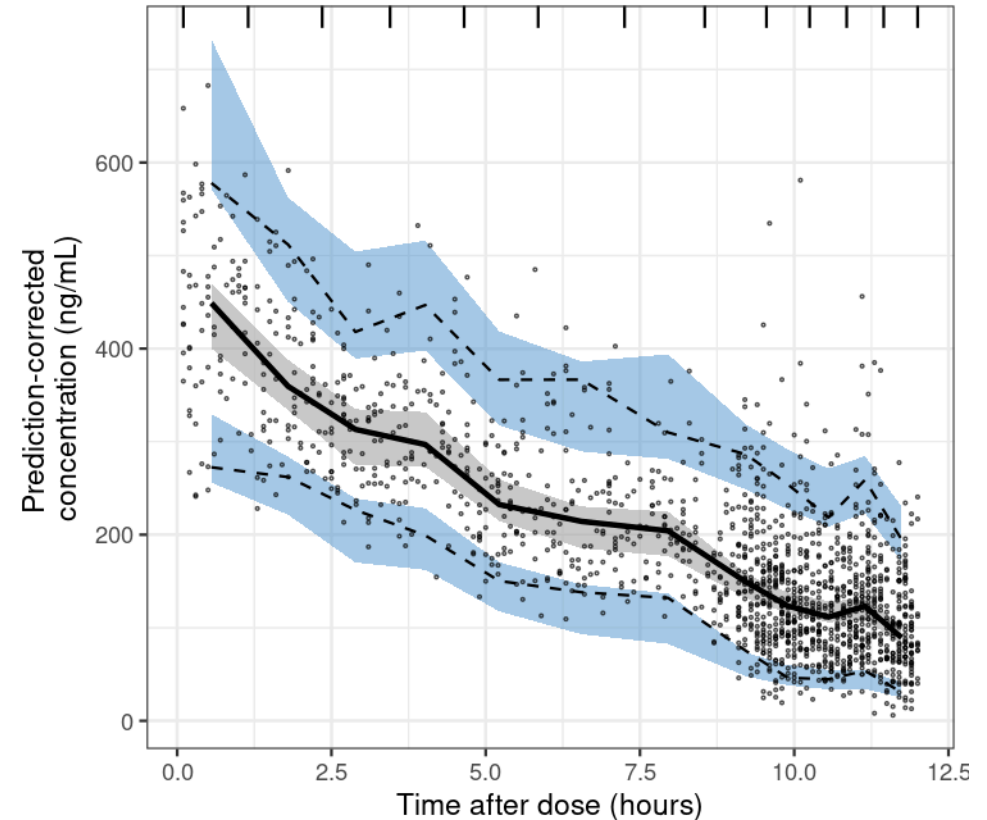
# Simulation Diagnostics

# Simulation Diagnostics

- “How well does the model describe the data-generating process?”
- Based on the premise that a well-fitting model should be able to generate data with similar features to the data that it was fit to
- Assess concordance between summary statistics (e.g., percentiles) of observed and simulated data

# Visual Predictive Check

- N = 1000 simulation replicates
- Comparison of the 5th, 50th, and 95th percentiles of observed and simulated concentration observations

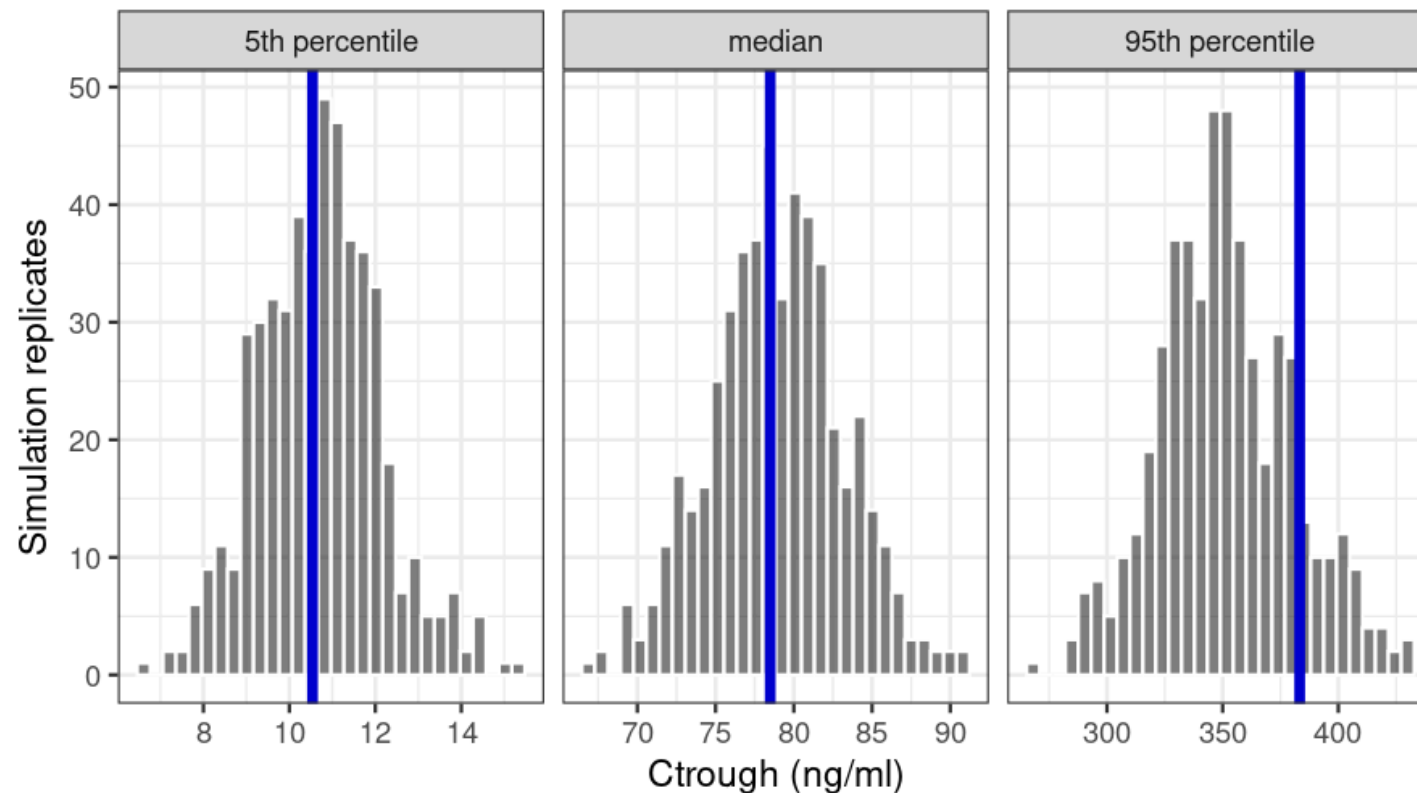


Source code: pk-vpc.R

Source graphic: deliv/figure/poppk/diagnostics/100/100-pcvpc-tad.png

# Predictive Check

Comparison of the 5th, 50th, and 95th percentiles of observed and simulated exposure metrics



Source code: pk-pcheck.R

Source graphic: [deliv/figure/poppk/diagnostics/100/100-cmin-pcheck.png](#)



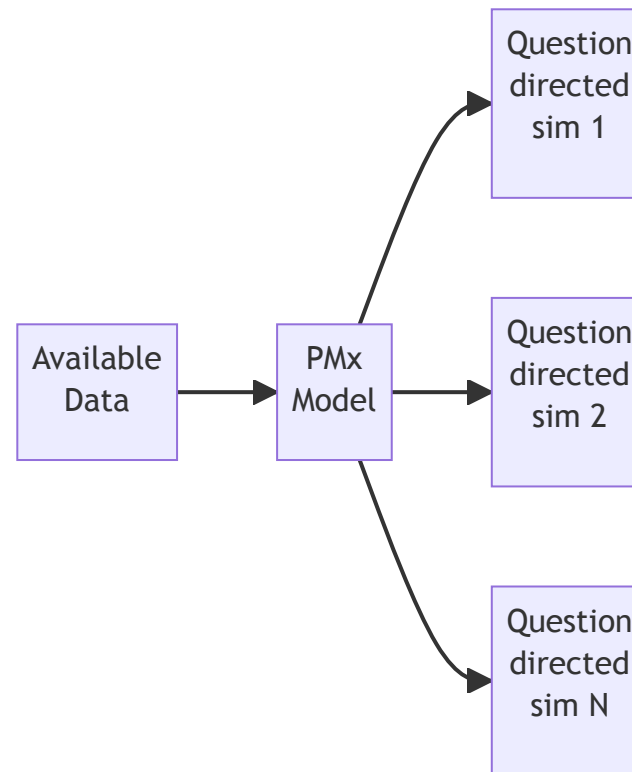
# Simulation

# Motivation

- The model itself is rarely the full answer
- Typically, we have some PK and PGx data...
- But real-world data collection and/or study designs rarely anticipate all of our clinical questions
- Or the science is just too complex to generate data that directly answers our question

# Simulation

Simulation allows us to leverage currently available data to address questions for which we lack direct information

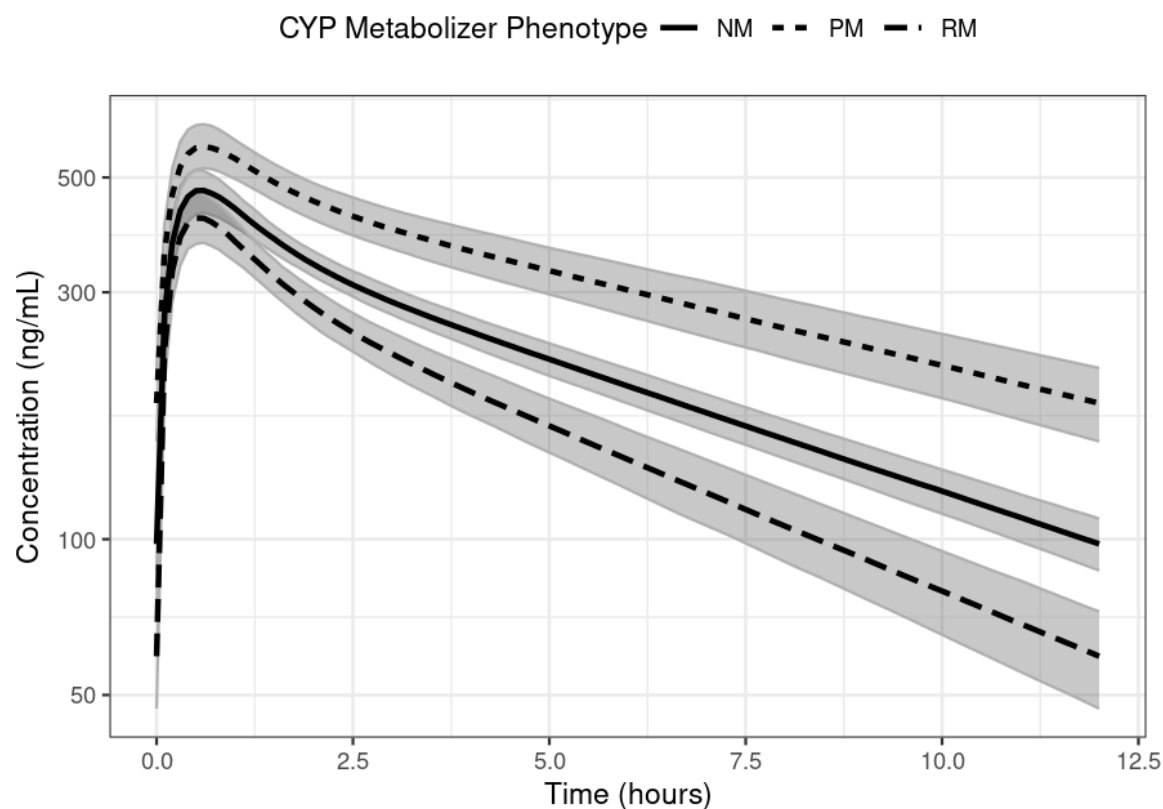


# Clinical Question 1

How does metrumazole PK differ between patients with poor, normal, and rapid metabolizer phenotypes?

# Uncertainty Simulations

Simulate PK profiles for each CYP phenotype with uncertainty from fixed effects parameter estimates

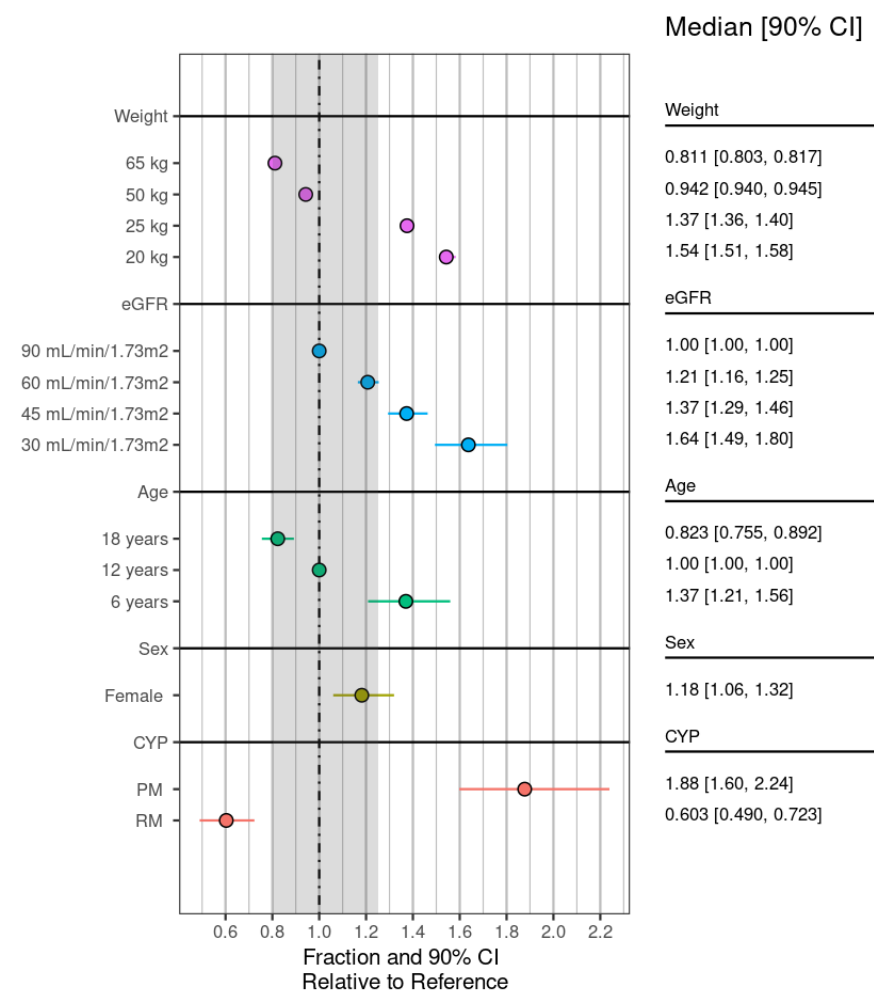


Source code: pk-sim.R

Source graphic: deliv/figure/popk/sim/100/100-sim-pk-profile.png

# Implications for Exposure Metrics

- Assess the impact of each covariate effect on steady state C<sub>trough</sub> concentration
- Interpret relative to a reference range (e.g., 0.8 to 1.25 bioequivalence criteria)



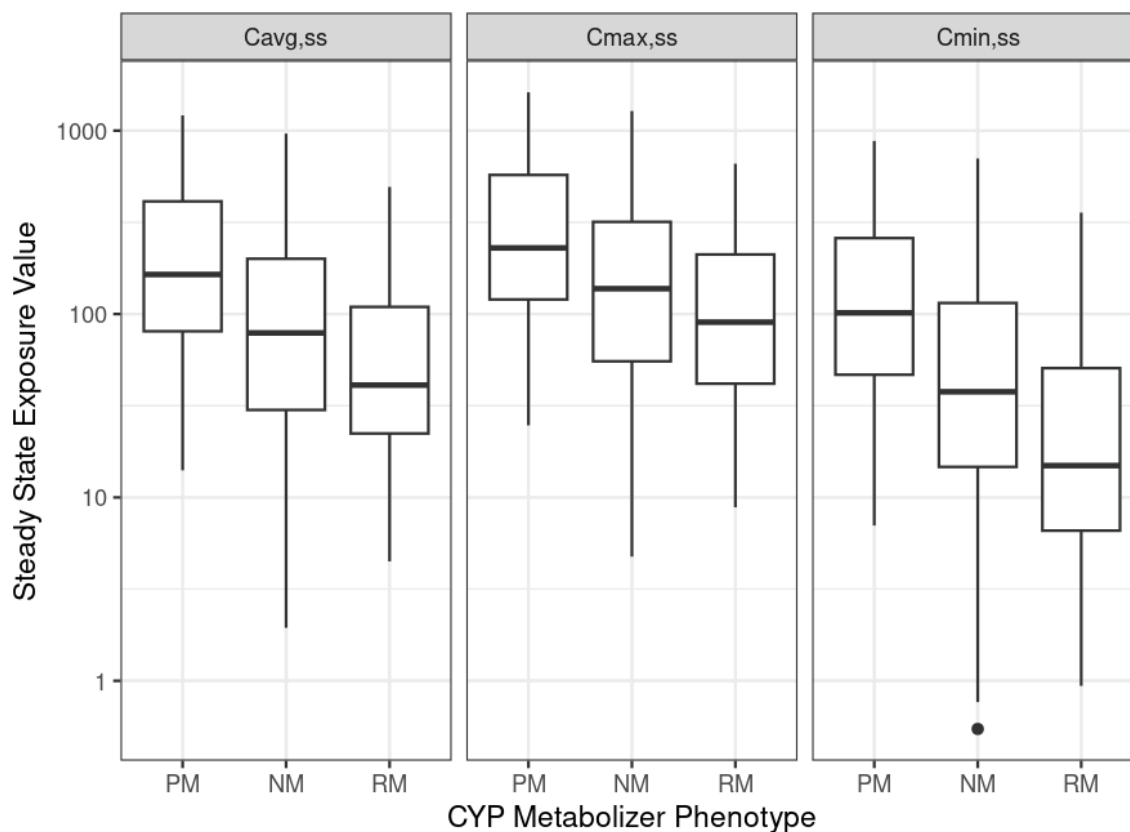
Source code: pk-forest.R  
 Source graphic: deliv/figure/popk/forest/100/100-forest-cmin.png

# Clinical Question 2

How did steady state exposure metrics (e.g.,  $C_{max}$ ,  $C_{min}$ ,  $C_{avg}$ ) compare between patients with poor, normal, and rapid metabolizer phenotypes in the METRO study?

# Individual PK Simulations

Use individual estimates of PK parameters to simulate steady state exposure metrics for all METRO subjects



Source code: pk-sim.R

Source graphic: deliv/figure/popk/sim/100/100-sim-pk-ebe-exposure.png

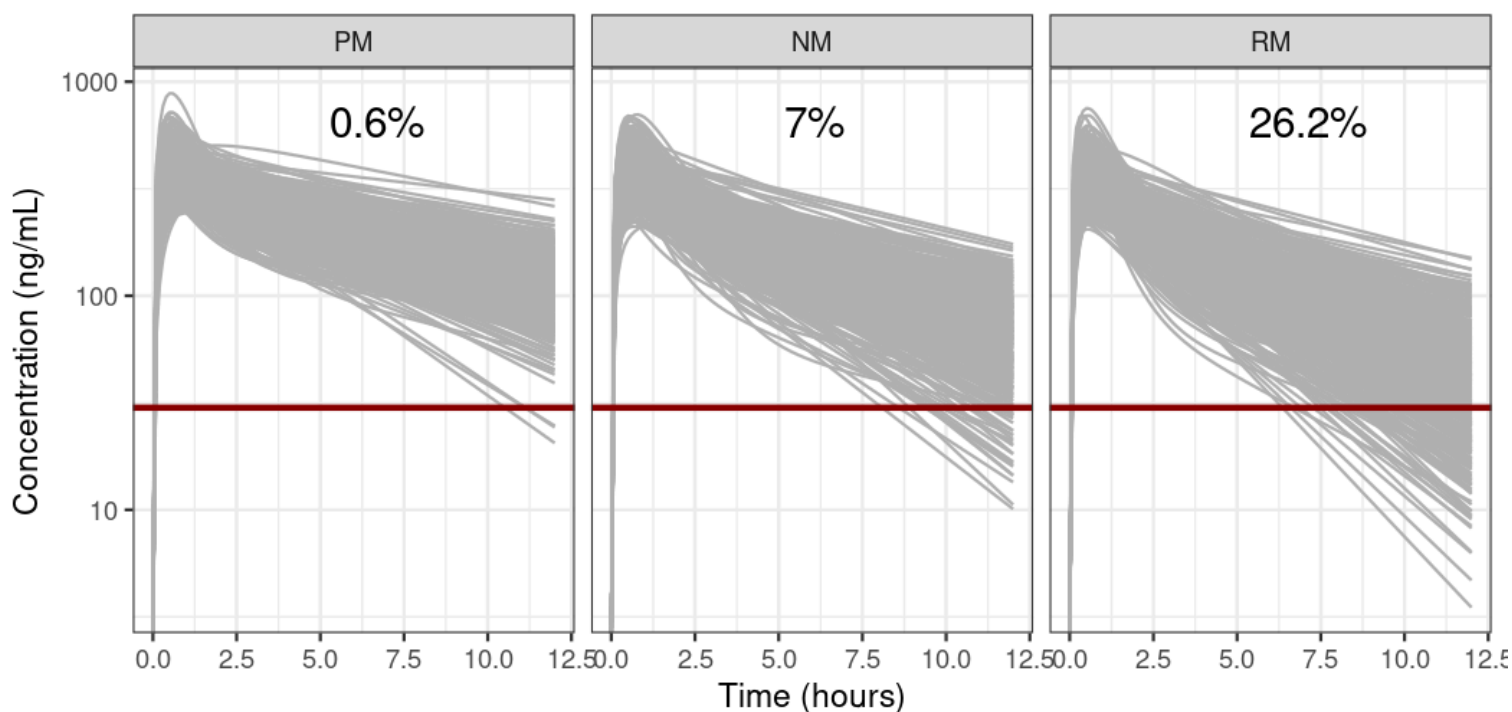


# Clinical Question 3

What fraction of the rapid metabolizer patient population would experience subtherapeutic trough concentrations under a dosing strategy that does not adjust for PGx phenotype?

# Population PK Simulations

Simulate with fixed effects and IIV random effects to quantify proportion of each patient population expected to experience subtherapeutic Ctrough concentrations



Source code: pk-sim.R

Source graphic: deliv/figure/poppk/sim/100/100-sim-pk-pop-ref.png

# Simulation Recap

The developed population PK model was used to:

- Assess the impact of CYP metabolizer phenotype on metrumazole PK and exposure metrics (Clinical Question 1)
- Compare steady state exposure metrics for all individuals in the METRO study (Clinical Question 2)
- Quantify the proportion of patients in each CYP metabolizer phenotype population expected to experience subtherapeutic concentrations with a dosing strategy that does not adjust for PGx phenotype (Clinical Question 3)

# Take Home

- Population PK modeling and simulation can dramatically increase the insight obtained from PGx data
- Model-based simulations can be used to generate evidence for a broad range of clinical questions that can't be answered with the raw data
- There is great potential for synergy between PGx experts and PMx scientists to support PGx evidence generation!

# The End

- Visit my poster on how to **power pharmacogenomic studies** with a population PK model
- Visit [Metrum Research Group](#) to explore many open-source learning materials
- Learn how to use [mrgsolve](#), a free and open-source software for simulating from PK/PD and quantitative systems pharmacology models, in your own work